WHY ARE RACE & ETHNICITY SO IMPORTANT?

WHAT IS A 21<sup>st</sup>-CENTURY FAMILY? HOW IS SEXVALITY CHANGING?

# THE SOCIOLOGY PROJECT 2.5

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is there a <u>DCMINANT</u> culture in the United States?

WHY ARE
THERE
SO MANY
PEOPLE IN
PRISON?

DOES Pemocracy Work?

WHAT ARE

WHEN DO SOCIETIES CHANGE?

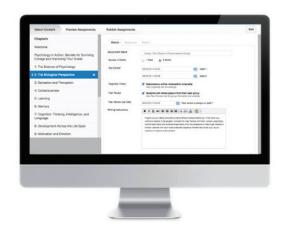
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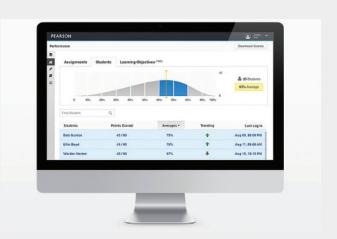
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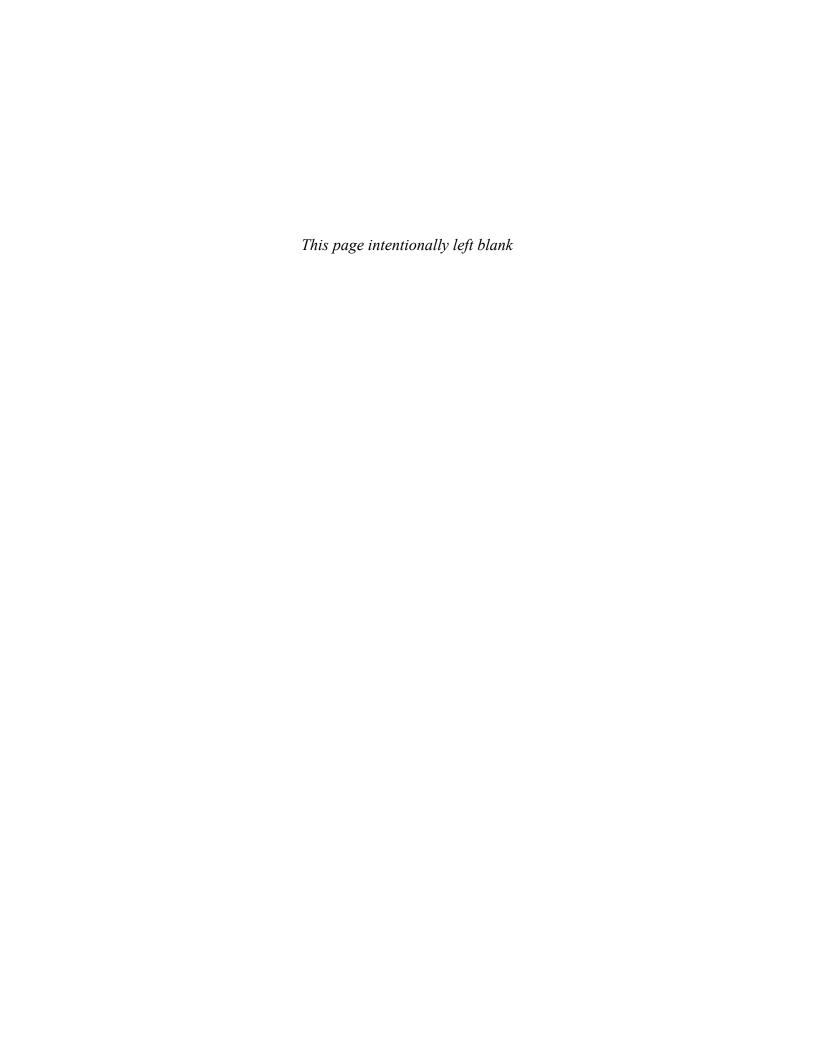
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# The Sociology Project 2.5

# Introducing the Sociological Imagination

From the New York University Department of Sociology

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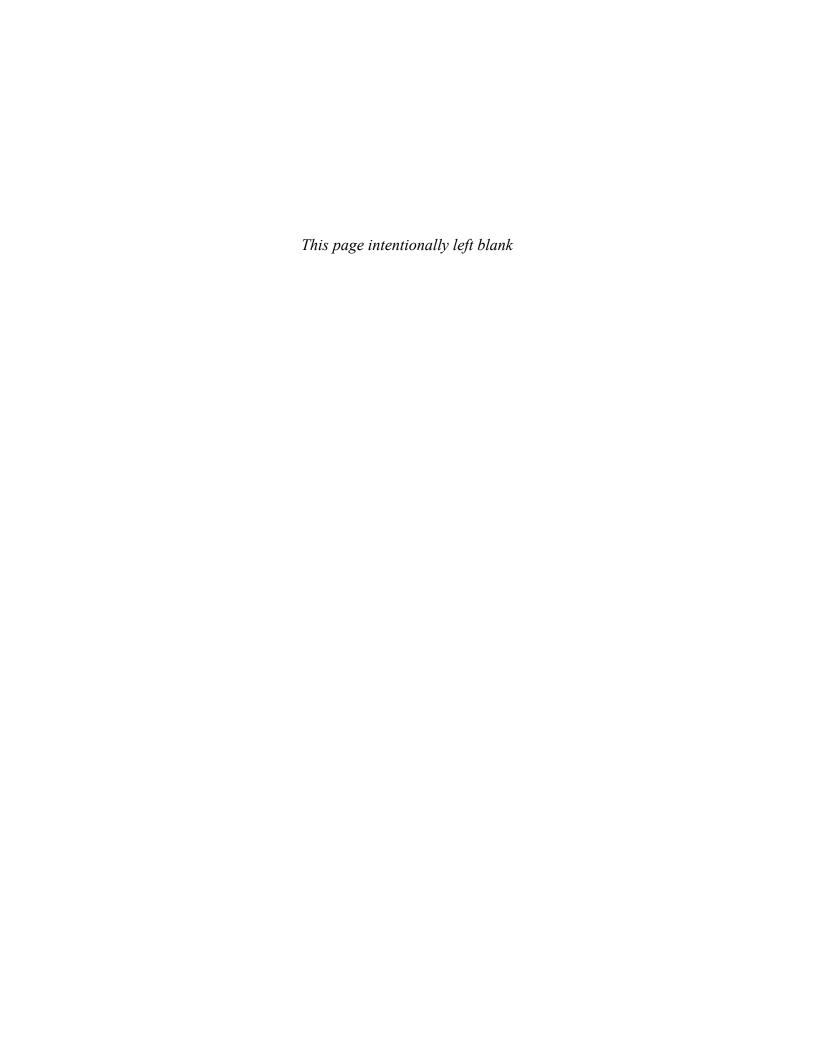
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# **Brief Contents**

1	The Sociological Imagination Jeff Manza, Lynne Haney, and Richard Arum	2	13	Families and Family Life Kathleen Gerson	294
2	Social Theory Jeff Manza, Thomas Ertman, Lynne Haney, and Steven Lukes	20	14	Sociology of Religion Gerald Marwell	322
3	Studying the Social World	52	<b>15</b>	Education Caroline H. Persell with Dirk Witteveen	354
4	Lynne Haney Social Interaction	78	16	Health and Medicine Ruth Horowitz and Jennifer Jennings	388
5	Harvey Molotch Social Structure	96	17	Deviance and Social Control Troy Duster and Jeff Manza	418
6	Jeff Manza Culture, Media, and Communication Eric Klinenberg	118	18	Crime and Punishment Jeff Manza, Patrick Sharkey, and Troy Duster with Offer Egozy, Delaram Takyar,	442
7	Power and Politics Steven Lukes and Jeff Manza	142	19	and Matthew Wolfe Social Movements and Revolutions	470
8	Markets, Organizations, and Work Richard Arum and Jeff Manza	164	20	Jeff Goodwin Environmental Sociology	498
9	Cities and Communities Patrick Sharkey	188	21	Colin Jerolmack Population	526
LO	Social Stratification, Inequality, and Poverty Florencia Torche, Richard Arum, and Jeff Manz	214 a	22	Lawrence L. Wu Immigration Guillermina Jasso	550
l1	Race and Ethnicity  Ann Morning	242	23	Globalization Vivek Chibber	578
<b>L2</b>	Gender and Sexuality	270			



# **Contents**

Pre	face	xiv	2.4	How Has a New Generation of	
4		_		Social Theory Evolved?	42
1	The Sociological Imagination  Jeff Manza, Lynne Haney, and	2		SOCIAL THEORY SINCE THE TURBULENT 1960S	42
	Richard Arum			The Revival of Marxism 42 • Feminist Social Theory 44 • Mic	hel
The	Big Questions	4		Foucault and the Problem of Power 45 • Pierre Bourdieu: A New Approach to Theorizing Social Inequality 46 • Analytical	
1.1	What Is the Sociological Imagination, and Why Is It			Sociology 47	
	Worth Acquiring?	5		Conclusion: Social Theory and the Sociological	40
	THE SOCIOLOGICAL IMAGINATION	5		Imagination The Rig Overtions Revisited 2	49
	Looking Through a Sociological Lens 5 • Engaging Our Sociological Imaginations: From Personal Puzzles to Sociological Questions 6 • Sociological Questions: A Detailed Example 8	ıl	3	7 0	52
	The Endless Reach of the Sociological Imagination 9  In the Control of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Sociological Imagination 9  In the Endless Reach of the Endless Reach			Lynne Haney	
1.2	What Are Social Contexts, and Why Do	10	The	Big Questions	54
	They Matter?	10	3.1	Where Do Sociological Questions Come From?	55
	SOCIAL CONTEXTS: FROM INDIVIDUALS TO SOCIETIES	10	0.1	THE BUILDING BLOCKS OF SOCIOLOGICAL	00
	Families and Communities 11 • Identities and Groups 11 •	10		RESEARCH	55
	Schools and Organizations 11 • Social and Historical Contexts 12 • Sociology as the Study of Social Contexts 12			Crafting Good Research Questions from Important Topics 55 • How Do We Know What to Study? 56	
1.3	Where Did Sociology Come From, and		3.2	What Is the Best Method to Research	
	How Is It Different from Other Social Sciences?	14		Different Sociological Questions?	58
	THE SOCIOLOGY OF THE SOCIAL SCIENCES	14		SOCIOLOGICAL RESEARCH METHODS	
	The Birth of Sociology 14 • Sociology and			AND CHALLENGES	58
	the Industrial Revolution 15 • Sociology's			Getting Started 59 • The Classical Scientific Method of	
	Siblings 16 • Sociology's Children 18  Conclusion: Looking Ahead	18		Research 59 • Quantitative versus Qualitative Research  Methods 60 • Survey and Interview Methods and the Dilemma	as
	The Big Questions Revisited 1	19		of Design 60 • Ethnographic Methods and the Challenge of Theory 63 • Comparative–Historical Methods and the Complex	xity
2	Social Theory	20	2.2	of Comparisons 66 • Matching the Question with a Method 67	(
	Jeff Manza, Thomas Ertman,		3.3	What Challenges Do Sociologists Face	60
	Lynne Haney, and Steven Lukes			When Collecting Data?	68
Tho	Big Questions	22		THE CHALLENGE OF DATA COLLECTION Sampling Issues 69 • Issues of Reliability	68
				and Validity 72 • The Complications of Causality 72	
2.1	What is Social Theory?	23	3.4	How Do Sociologists Make Sense of Their	
	SEEING THE SOCIAL WORLD THROUGH	22		Findings?	74
	SOCIAL THEORY The Diversity of Social Theory 23 • Three Common Themes 23	23		ANALYZING DATA AND REACHING	
2.2				CONCLUSIONS	74
2.2	How Did the Early Social Theorists Make Sense of the World?	24		How Do the Puzzle Pieces Fit Together? 74 • What Do Our Conclusions Tell Us about the Social World? 75	
	CLASSICAL SOCIAL THEORY IN THE LATE			Conclusion: Thinking Critically About Research	75
	NINETEENTH AND EARLY TWENTIETH CENTURIES	24		The Big Questions Revisited 3	76
	Karl Marx (1818–1883) 26 • Emile Durkheim (1858–1917) 28 • Max Weber (1864–1920) 30 • Georg Simmel (1858–1918) 34 • W. E. B. Du Bois (1868–1963) 36		4	Social Interaction  Harvey Molotch	78
2.3	What Innovations in Social Theory Emerged		The	Big Questions	80
	in the Mid-Twentieth Century?	38	4.1	How Do We Develop a Sense of Self?	81
	NEW DIRECTIONS IN SOCIAL THEORY, 1937–1965	38	1.1	THE SOCIAL SELF	81
	Structural Functionalism 38 • Conflict Theory 39 • Symbolic Interactionism 40			The Looking-Glass Self 81 • Significant Others, Reference Groups, and Generalized Others 82 • Life's a Stage 83	

4.2	How Do We Make Sense of Our Worlds?	84	6.2	How Does Culture Shape Our Collective Identity?	126
	PEOPLE'S METHODOLOGY	84		CULTURE AND GROUP IDENTITY	126
	Context, Context, Context 84 • Conversational Precision 85 • Emotion 86 • Self-Presentation in a Digital Age 87 • Interaction in Public 88			Mainstream Culture, Subcultures, and Countercultures 126 • Is There a Dominant Culture in the United States Today? 127 National Cultures 128	
4.3	What Challenges Do We Face as We Move from		6.3	How Do Our Cultural Practices Relate to	
	One Social Context to Another?	90		Class and Status?	131
	SHIFTS AND DILEMMAS	90		CLASS, STATUS, AND CULTURE	131
	Status and Role Change 90 • Labeling 91 • Rule Use 91 • Conformity Experiments 92			Cultural Capital 131 • How Culture Reproduces Class 132	
	Conclusion: What We Know and What We Don't Know	94	6.4	Who Produces Culture, and Why?	133
	The Big Questions Revisited 4	95		THE CONDITIONS OF CULTURAL PRODUCTION	133
5	Social Structure Jeff Manza	96		The Public Sphere 134 • The Culture Industry Versus Cultura Democracy 135 • The Medium Is the Message 135	al
TI		00	6.5	What Is the Relationship Between Media	
The	Big Questions	98		and Democracy?	137
5.1	What Is Social Structure? SOCIAL STRUCTURE AS THE CONTEXT	99		MEDIA AND DEMOCRACY: A CHANGING LANDSCAPE	137
	OF HUMAN ACTION  Defining Social Structure 99 • Key Components of Social Structure 100	99		Making the News: The Media as a Cultural System 137 • Corporate Media Concentration 138 • Media, Democracy, and the Internet 138	
5.2	How Do Roles and Social Hierarchies			Conclusion: Culture, Media, and Communication	139
0.2	Shape Our Life Chances? THE FIRST DIMENSION OF SOCIAL STRUCTURE:	101		The Big Questions Revisited 6	140
	ROLES AND SOCIAL HIERARCHIES  Roles 101 • Social Hierarchies 102 • Power and Privilege	101	7	Power and Politics Steven Lukes and Jeff Manza	142
	in Social Hierarchies 103 • Group Size and Social Hierarchies 104		The	Big Questions	144
5.3	How Do Norms and Institutions Influence		7.1	What Are the Distinct Forms of Power?	145
	Social Life?	107		THE THREE DIMENSIONS OF POWER	145
	THE SECOND DIMENSION OF SOCIAL STRUCTURE: THE POWERS OF NORMS AND			The One-Dimensional View of Power 145 • The Two-Dimensional View of Power 146 • The Three-Dimension View of Power 148	al
	INSTITUTIONS	107	7.0		
	Norms and Rules 107 • Institutions and the Patterning of		1.2	What Is the State, and How Does It Distribute Power in a Society?	149
	Social Life 108 • Large Organizations and Governments as Institutions 109			THE INSTITUTIONS OF POWER	149
54	How Do Social Structures Influence			What Is the State? 149 • Why States Matter	147
0.1	Our Daily Lives and Social Interactions?	110		in the Distribution of Power 151 • Promoting	
	THE CONTEXT OF SOCIAL INTERACTION	110		the Interests of the Powerful? 151	
	Socialization 110 • Social Structure and Social Interaction 111 • Social Structure and Individual Free Will 112		7.3	Who Has Power in the United States Today? POWER IN AMERICA	153 153
5.5	Why Are Social Structures Slow to Change?	113		Who Wins? Policy and Politics in the First Dimension 153 •	
0.0	THE ENDURANCE OF SOCIAL STRUCTURES Path Dependency 113 • How Social Structures Persist 114	113		Who Sets the Agenda? Power and Politics in the Second Dimension 157 • The Third Dimension: Do Americans Believe	e in
	Conclusion: Social Structure	115		Policies Benefiting the Powerful? 159	100
	The Big Questions Revisited 5	116		Conclusion: Power and Politics The Big Questions Revisited 7	162 163
6	Culture, Media, and Communication <i>Eric Klinenberg</i>	118	8	Markets, Organizations, and Work Richard Arum and Jeff Manza	164
The	Big Questions	120	The	Big Questions	166
6.1	What Is Culture?	121	8.1	How Do Social Factors Impact Markets?	167
	THE MANY MEANINGS OF CULTURE	121		THE CREATION AND FUNCTIONING	
	Defining Culture 121 • Culture as a System of Meaning and Symbols 122 • Culture as a Set of Values, Beliefs, and Practices 122 • Culture as a Form of Communication 123			OF MARKETS  The Pervasiveness of Markets 167 • Defining Markets 168 • Social Networks 169 • Markets and Power 170 • Culture 1	

8.2	Why Are Organizations Important for Social and Economic Life?  ORGANIZATIONS IN THE MODERN WORLD  Organizational Persistence 172 • The Downside of Bureaucracy 173	1 <b>72</b> 1 <b>7</b> 2	10	Social Stratification, Inequality, and Poverty Florencia Torche, Richard Arum, and Jeff Manza	214
8.3	What Is the Relationship Between Organizations		The E	Big Questions	216
	and Their External Environment?  ORGANIZATIONS AND THEIR ENVIRONMENTS  Organizational Structure 175 • Organizational Similarity 176	175 175	10.1	What Is Inequality? INEQUALITY: AN INTRODUCTION A Brief History of Inequality 217 • Measures of Economic	217 217
8.4	How Is Work Inside Organizations Structured? THE DIVISION OF LABOR IN MODERN SOCIETIES	178 178	10.2	Inequality: Wealth and Income 219 • Inequality by Class 221 Why Is America So Unequal?	<b>22</b> 3
	Increasing Specialization in the Division of Labor 178  • The Labor Process 179			PERSPECTIVE	223
8.5	How Do We Measure Work Satisfaction? GOOD JOBS, BAD JOBS, NO JOBS:	182		Trends in Income Inequality in the United States and Around the World 223 • Why Did Inequality Increase? 224 • The 1 Percent 228	
	WORK IN AMERICA	182	10.3	Do We All Have an Equal Opportunity	
	Work Satisfaction 182 • Comparing Work in America with Similar Countries 183			to Succeed in Life?	230
	Conclusion: Markets, Organizations, and				230
	Work in the Twenty-First Century	186	10.2 Why Is America So Unequal?  UNEQUAL AMERICA IN COMPARATIVE PERSPECTIVE  Trends in Income Inequality in the United States and the World 223 • Why Did Inequality Increase? 224 1 Percent 228  10.3 Do We All Have an Equal Opportunity to Succeed in Life?  INEQUALITY, EDUCATION, AND SOCIA MOBILITY  Measuring Opportunity: The Concept of Social Mobi Social Mobility in Comparative Perspective 231 • For Influencing Mobility 232 • Education and Social Mobi Social Mobility 232 • Education and Social Mobility and Around the World?  LIFE AT THE BOTTOM: THE PROBLEM OF POVERTY  Different Measures of Poverty 234 • Poverty in the United States: Who Are the Poor? 235 • Poverty in International Comparative Perspective 236 • Poverty Children 237 • Homelessness 238  Conclusion: Should We Be Concerned About Excessive Inequality?  The Big Questions Revisited 10  11 Race and Ethnicity  Ann Marning	Measuring Opportunity: The Concept of Social Mobility 230 •	
_	The Big Questions Revisited 8	186		Social Mobility in Comparative Perspective 231 • Factors Influencing Mobility 232 • Education and Social Mobility 233	
9		188	10.4	How Much Poverty Exists in the United States	
	Patrick Sharkey			and Around the World?	234
	Big Questions	190			234
9.1	What Draws People to Cities?  HOW THE WORLD BECAME URBAN  Urbanization and the Growth of Cities 191 • Urban, Suburbar and Rural Patterns of Settlement 192	191 191 n,		United States: Who Are the Poor? 235 • Poverty in International Comparative Perspective 236 • Poverty and	
9.2	How Do Neighborhoods Form and Change?	195			
	NEIGHBORHOODS AND URBAN CHANGE	195		The state of the s	238
	Urban Ecology: The Chicago School 195 • The Political Economy of Cities and Communities 196		11	_	239
9.3	How Do Cities Influence Who We Are,		11		
	Who Our Friends Are, and How We Live?	198		Ann Morning	
	LIVING IN AN URBAN WORLD	198	The E	Big Questions	244
	Urbanism as a Way of Life 198 • Communities and Networks 200		11.1	What Is the Difference Between Race and Ethnicity?	245
9.4	Why Are So Many Social Problems			UNDERSTANDING RACE AND ETHNICITY	245
	Found in Cities? SOCIAL PROBLEMS AND THE CITY	<ul><li>202</li><li>202</li></ul>		Sociological Definitions of Race and Ethnicity 245 • Key Distinctions Between Race and Ethnicity 246 • Distinguishing	g
	Concentrated Poverty and the Urban Ghetto 203 • Segregation and Urban Diversity 206			Racial and Ethnic Labels 247	
9.5	How Will Cities Change in an Increasingly Connecte	ed	11.2	Is Race Real?	248
,	World?	208		THE SOCIAL CONSTRUCTION OF RACE	248
	CITIES AND THE CONNECTED WORLD	208		Race and Society 248 • Race and Biology 249 • Race and Place 250 •	
	Immigration and the Urban Landscape 208 • Globalization		11.3	What Is Racism?	251
	and the City 209	011		CONTEMPORARY RACISM	251
	Conclusion: Our Urban Future The Big Questions Revisited 9	211 212		How Do Sociologists Define Racism and Discrimination? 252 • Why Does Racism Occur? 253 • Doe	es

11.4	Do Race and Ethnicity Matter Anymore? THE IMPACT OF RACE AND ETHNICITY TODAY	<ul><li>256</li><li>256</li></ul>	13.3	What Challenges Do We Face as We Develop Relationships and Balance Family and Work?	304
	Disparities in Income, Wealth, and Employment 256 • Disparities in Education 258 • Residential Segregation 259 • Disparities	230	.56	THE NEW CONTOURS OF ADULTHOOD COMMITMENT  Love and Marriage 304 • Mothers, Fathers, and	304
	in the Criminal Justice System 259 • Disparities in Health and Healthcare Coverage 260 • Disparities in Political Participation and Representation 260 • How Do We Explain the Privileges of Being	d	13.4	Work–Family Conflict 308 What Is It Like to Grow Up in a Twenty-First-Century Family?	311
11.5	White? 261 • What About Affirmative Action? 262  How Are Race and Ethnicity Changing in the			GROWING UP IN TODAY'S FAMILIES	311
11.5	Twenty-First Century?  RACE AND ETHNICITY IN THE FUTURE  A Changing Population 264 • Changing Classification and Identity 265 • Changing Stratification 266	263 263		Growing Up with Working Parents 311 • Growing Up with Divorced or Single Parents 312 • Growing Up with Same-Sex Parents 312 • The Changing Face of Childhood 313 • Parentir Values and Styles 313 • Becoming an Adult and Forming Families 314	ng
	Conclusion: Developing a Sociological Imagination	267	13.5	What Social Policies Around the World Best	
	on Race and Ethnicity The Big Questions Revisited 11	267 267		Support Changing Families?  FAMILIES IN THE UNITED STATES IN	317
12	Gender and Sexuality Paula England	270		COMPARATIVE PERSPECTIVE  Social Policy Around the World 318 • Social Policy in the  United States 319 • Where Do We Go from Here? 319	317
The E	Big Questions	272		Conclusion: The Future of Families	320
	Where Do Gender Differences Come from?	272		The Big Questions Revisited 13	320
	GENDER DIFFERENCES  Sex Versus Gender: The Social Construction of Gender 273  • Gender Socialization 274 • Gender Differences Vary	272	14	Sociology of Religion  Gerald Marwell	322
	by Setting and Time 274 • The Impact of Stereotypes 275		The E	Big Questions	324
12.2	How Have the Lives of Women and Men	277	14.1	What Is Religion, and What Are Its Functions?	325
	Changed in the Last 50 Years?  THE GENDER REVOLUTION  Rising Women's Employment and Education 277 • Change in Women's Jobs and in the Pay Gap 278 • The Impact on	277		A SOCIOLOGICAL UNDERSTANDING OF RELIGION  Defining Religion 325 • The Incredible Variety of Religions 327 • Forty Policious Traditions and	325
12.3	Men 280 How Are Our Sex Lives Shaped by Biology and Society?	282		Religions 327 • Early Religious Traditions and Their Modern Variants 330 • Religion as a Social Institution 330 • Denominations and Congregations: Serving the Needs of the Community 331	
	SEXUALITY  Sexual Orientation 283 • Sexual Behavior 283 • LGBTQ	282	14.2	How Does Social Structure Impact Religious Choice?	335
	Discrimination 284			PATTERNS OF RELIGIOUS CHOICE	335
12.4	How Has Sexual Behavior Changed in the Last 50 Years?	287 Class and Religious Preferences 337 • C	Religious Segregation: Birds of a Feather 336 • Social Class and Religious Preferences 337 • Conversion 339 • New Religious Movements 340		
	THE SEXUAL REVOLUTION AND BEYOND  Sex Outside of Marriage 287 • Births Outside of  Marriage 289 • Gender Inequality in Sex and  Relationships 289	287	14.3	Why Are Some People More Religious Than Others? RELIGIOSITY BY GENDER AND AGE	341 341
	Conclusion: The Puzzle of Gender Inequality The Big Questions Revisited 12	291 292		Women as Generally More Religious 341 • Why Do People Become More Religious as They Age? 342	011
13	Families and Family Life Kathleen Gerson	294	14.4	Why Do People Kill Each Other in the Name of Religion? RELIGIOUS CONFLICT	344 344
The E	Big Questions	296		Distinguishing Religious Conflicts from Ethnic and Class	011
13.1	What Is a Family?	297	14.5	Conflicts 344 • An Example of Religious Conflict in India 345 What Is the Future of Religion?	346
	THE MANY WAYS WE DEFINE FAMILY  A Global and Historical Perspective 297 • Household	297	297	SECULARIZATION VERSUS INCREASED RELIGIOSITY	346
13.2	or Kinship System? 298  Why Are Families Changing?  CHANGING AMERICAN FAMILIES: A	301		European Irreligion 347 • American Exceptionalism 347 • The Future Decline of Religion in America? 349 • The Rising Importance of Religion in the Other Parts of the World 350	
	CONTROVERSIAL TOPIC	301		Conclusion: Sociology of Religion	351
	The Family Values Perspective 302 • The Economic Restructure Perspective 302 • The Gender Restructuring Perspective 303	_		The Big Questions Revisited 14	352

<b>15</b>	Education Caroline H. Persell with Dirk Witteveen	354	16.5	Why Is Healthcare in America More Expensive and Less Effective Than in Other Countries?	d 409
The E	Big Questions	356		AMERICAN HEALTHCARE IN COMPARATIVE PERSPECTIVE	409
15.1	Why Is Formal Education Universal? THE PURPOSES OF EDUCATION Socialization 358 • Preparing for the Future 358 • Economic Benefits of Schooling 360 • The Great Equalizer? 361	357 357		The Structure of Health Insurance in the United States 410 • Markets and Healthcare 411 • The Main Suspects: Explaining the High Cost of Healthcare 412 • Can the System Be Fixed? 414  Conclusion: Health and Medicine	415
15.2	How Is Education Related to Important Life Outcomes?	363		The Big Questions Revisited 16	416
	EDUCATION AND LIFE OUTCOMES  Career Outcomes 363 • Health and Life Expectancy 366 • Family Life 367	363	17	Deviance and Social Control Troy Duster and Jeff Manza	418
15.3	Is Education Equally Available to All?	369	The E	Big Questions	420
	EDUCATIONAL INEQUALITY Social-Class Differences 369 • Racial and Ethnic Gaps 371 • Gender Differences 373	369	17.1	What Is Deviance?  DEVIANCE AND THE GROUP  Groups and Group Boundaries 421 • Statistical versus  Social Deviance 423 • Social Norms: The Unstated Rules	<b>421</b> 421
15.4	How Is the American Educational System Different from Other Countries?	376		of Everyday Life 424	
	EDUCATIONAL SYSTEMS AROUND THE WORLD Learning and Achievement in International Perspective 376 • Control and Financing of Schools 378 • Private Schools 380 • Teacher Quality 380 • Homeschooling 381 • Organizational Practices: Testing	376	17.2 How Is Social Control Imposed on SOCIAL CONTROL AND SOCIAL Socialization: Learning the Rules of the Gai  Sanctions and Rewards as Forms of Social Stigma and the Marking of Deviar  Identifying Criminal Deviance 428  17.3 How Is Moral Behavior Defined an Regulated?	How Is Social Control Imposed on Society?  SOCIAL CONTROL AND SOCIAL ORDER  Socialization: Learning the Rules of the Game 425  Sanctions and Rewards as Forms of Social Control 426  Social Stigma and the Marking of Deviance 427  Identifying Criminal Deviance 428	<b>425</b> 425
	and Tracking 382		17.3	How Is Moral Behavior Defined and	
	Conclusion: The Future of Education in a Global	005		Regulated?	429
46	Economy The Big Questions Revisited 15	385 386		THE PROBLEM OF MORAL REGULATION Interested versus Disinterested Punishment 429 • An Example: The Temperance Movement as a Moral	429
16	Health and Medicine Ruth Horowitz and Jennifer Jennings	388		Crusade 430 • The Campaign against Opium 431 • Contemporary Moral Crusades 433	
The E	Big Questions	390	17.4	How Do Power and Inequality Impact Deviance?	435
16.1	How Do Social Contexts Affect Health?	391		CRIME, DEVIANCE, AND POWER	435
	A SOCIOLOGICAL VIEW OF HEALTH  The Population as Patient 391 • The Effects of Social	391		Labeling Deviance and Crime 435 • State Deviance, Terrorism, and War Crimes 436	100
	Contexts on Individual Behavior 392 • The Accumulation of Health Risks Across the Life Course 394 • Differences in Health Across Countries 394			Conclusion: Deviance and the Sociological Imagination	439
16.2	Who Gets Sick, and Why?	396		The Big Questions Revisited 17	440
	HEALTH OUTCOMES AMONG DIFFERENT GROUPS  Health and Socioeconomic Status 396 • Education 397  • Income and Wealth 398 • Race and Ethnicity 398  • Gender 399	396	18	Crime and Punishment Jeff Manza, Patrick Sharkey, and Troy Duster with Offer Egozy, Delaram Takyar, and Matthew Wolfe	442
16.3	How Did Modern Medicine Emerge?	400	The E	Big Questions	444
	THE PROFESSIONALIZATION OF AMERICAN MEDICINE  The Early Days of Medicine 400 • Modern Medicine as a Profession 401 • Gender and Medical Professionalization 403 • The Rise of Health Insurance and the Decline of Physicians' Power 404	400	18.1	What Constitutes a Crime, and What Are the Different Offense Types?  CRIMES AND THEIR CONSEQUENCES  Defining Crime 445 • Different Types of Crime: A Brief Overview 446 • White-Collar Crime 447	445 445
16.4	How Does Physician/Patient Interaction		18.2	How Much Crime, Particularly Violent Crime, Exists in America?	448
	Affect Health and Illness?	405		CRIME IN THE UNITED STATES	448
	THE EXPERTISE OF THE PHYSICIAN AND THE KNOWLEDGE OF THE PATIENT  Physicians and Power 406 a Patient Contared Care 407	405		Trends in Crime 448 • Violent Crime: A Closer Look 449 • The Consequences of Violence 450	

18.3	How Do Sociologists Seek to Understand Crime and Punishment? THEORIES OF CRIME AND PUNISHMENT	<b>451 451</b>	20	Environmental Sociology Colin Jerolmack	498
	Classical Social Theorists on Punishment 452 • Modern	451	The E	Big Questions	500
18.4	Social Theories of Crime and Punishment 453 • Goals of Punishment 454  Why Is Mass Incarceration Controversial?  MASS INCARCERATION IN AMERICA	<b>455 455</b>	20.1	How Does Social Life Relate to the Natural Environment? UNDERSTANDING ENVIRONMENT–SOCIETY RELATIONS	501 501
	Punishment in America Today 456 • Causes of Mass Incarceration 458 • Race and Punishment 459 • Punishing the Powerful? 462			Traditional Societies 501 • Modern Societies 502 • The Environment–Society Dialogue 503	
18.5	What Are the Consequences of Mass		20.2	How Has Human Activity Harmed the	
	Incarceration? THE FAR-REACHING IMPACT OF MASS INCARCERATION	465 465		Environment?  CONTEMPORARY ENVIRONMENTAL PROBLEMS	505 505
	Consequences for Individuals 465 • Consequences for Families 466 • Consequences for	100		Global Warming 505 • Natural Resource Depletion 507 • Solid and Chemical Waste 509 • Air and Water Pollution 511	
	Communities 466 • Consequences for Society 467  Conclusion: Crime and Punishment and the	407	20.3	How Do Environmental Factors Impact Inequality? THE ENVIRONMENTAL MOVEMENT	
	Sociological Imagination The Big Questions Revisited 18	467 468		AND SOCIAL INEQUALITY  The Environmental Movement 513 • Environmental  Justice 514 • The Social Dimension of Natural	512
19	Social Movements and		20.4	Disasters 516 • Global Environmental Inequality 517	<b>E</b> 10
	Revolutions Jeff Goodwin	470	20.4	How Can We Create More Sustainable Societies?  CONSUMPTION, PRODUCTION, AND SUSTAINABILITY	518 518
The E	Big Questions	472		The Tragedy of the Commons 518 • The Treadmill of	
19.1 V	What Are Social Movements?	472		Production 519 • Toward Sustainability 520  Conclusion: Linking Environmental and Social Facts	524
	STUDYING SOCIAL MOVEMENTS  Politics, Human Action, and Social Change 473 • Moral  Sensibilities 474 • Understanding Social Movements	472	24	The Big Questions Revisited 20	524
19.2	Today 474 Why Do Movements Emerge, and Who		21	Population Lawrence L. Wu	526
	Joins Them?  MOVEMENT ORIGINS AND RECRUITMENT  How Movements Take Shape 475 • Cultural Aspects of Social Movements 477 • Recruitment: Joining or Supporting	475	The E	Big Questions	528
		475	21.1	Why Study Population?	529
				POPULATION AND CENSUSES	529
10.2	Movements 478			The Census and Population Research 530 • Studying Population 531	
19.3	What Tactics Do Movements Use, and What Outcomes Do They Achieve	483	21.2	How Do Populations Change over Time?	533
	MOVEMENT TACTICS AND OUTCOMES	483		POPULATION DYNAMICS  The First Demographic Transition 533 • Changes in Fertility	533
	The Strategies of Movements 483 • Tactical Repertoires of Movements 484 • The Decline and Disappearance of Movements 485 • Outcomes 487 • Cultural Consequences			and Mortality Around the World 534 • Immigration and Population Momentum 537	
10.4	of Movements 488		21.3	What Factors Influence Fertility?	538
19.4	What Are Revolutions, and Why Do They Occur? UNDERSTANDING REVOLUTIONS	489 489		THEORIES OF FERTILITY DECLINE Infant Mortality 538 • Economic Development 538 • Birth Control 539 • Childrearing 540 • Norms and Values 540	538
	Defining "Revolution" 489 • Revolutions, Violence,	10)	21.4	How Are Trends in Aging and Mortality	
	and Other Forms of Conflict 490 • Revolutionary Situations 491 • Revolutionary Movements and the Seizure of State Power 493 • Political Environments That Encourage Revolutionary Movements 494			Emerging as Critical Issues in Many Societies? THE IMPLICATIONS OF AN AGING POPULATION	<ul><li>541</li><li>541</li></ul>
	Conclusion: The Future of Movements and Revolutions	496		The Epidemiological Transition 541 • Aging of the Baby Boomers 542 • Aging and Population Dynamics 544 • Health in an Aging Population 545 • Financing Old Age	
	The Big Questions Revisited 19	496		and Healthcare in Aging Societies 545 • Death and Dying Around the World 546	
				Conclusion: Population The Big Questions Revisited 21	547 548
				THE DIG QUESTIONS NEVISITED 21	J48

22	Immigration Guillermina Jasso	550	23	Globalization Vivek Chibber	578
The E	Big Questions	552	The E	Big Questions	580
22.1	What Is Immigration, and How Do Governments Regulate It? IMMIGRATION: A SOCIOLOGICAL PERSPECTIVE	<b>553</b> 553	23.1	What Is Globalization? GLOBALIZATION AND ITS ORIGINS The Beginnings of Globalization 581 • The Course of Globalization: From the Nineteenth Century to Today 583	580 580
	Understanding Immigration from a Sociological Perspective 553 • Restricting Immigration 554 • The Basic Structure of Immigration Policy in the United States 555 • The U.S. Legal Permanent Resident Visa System 557 • Becoming a U.S. Citizen 557 • "Illegal" or Unauthorized Immigration 557		23.2	How Far-Reaching Is Globalization? GLOBALIZATION'S REACH The Degree of Globalization 585 • The Importance of Regions 586	<b>58</b> 5
			23.3	What Drives Globalization?	589
22.2	What Is the History of Immigration in the United States? THE HISTORY OF IMMIGRATION	558 558		GLOBALIZATION'S DRIVING FORCES  Outsourcing and Global Value Chains 589 • China's  Export Zones: A Case Study 590	589
	The Four Eras of U.S. Immigration 559 • The U.SMexico Border 562		23.4	What Are the Benefits and Drawbacks of Globalization?	592
22.3	Why Do People Move? THE DYNAMICS OF MIGRATION The Desire to Move and Migrant Energy 564 • Movers and Stayers 565	564 564		THE EFFECTS OF GLOBALIZATION  Economic Policies in Developing Countries: 1930s to 1980s 593 • NAFTA: A Case Study 593 • Has Globalization Lived Up to Its Promise? 594	592 on
22.4	How Do Immigrants Fare in Their New Environments? THE ASSIMILATION PROCESS	566 566		Conclusion: Globalization in Retrospect and Prospect The Big Questions Revisited 23	595 596
	Measures of Assimilation 566 • Recent Research on Immigrant Assimilation 567 • A Closer Look at Language and Spatial Concentration: Ethnic Enclaves 568		Gloss Refer	ences	A-15
22.5	What Are the Consequences of Immigration? THE IMPACTS OF IMMIGRATION Immigration Dilemmas for Families 570 • Children of Migration 571 • Social and Economic Benefits and Costs 573 • Remittances 573 Conclusion: Immigration and the Future	570 570	Cred		A-36 A-41
	The Big Questions Revisited 22	576			

# **Preface**

n The Structure of Scientific Revolutions, his famous study of the history of science, Thomas Kuhn argued that introductory textbooks are inevitably the most backward part of any scientific field. He suggested that because they seek to appeal to the lowest common denominator to maximize their audience, they reproduce out-of-date ideas and findings far removed from the cutting edge of knowledge. Even worse, Kuhn argued, these texts reinforce popular, but out-of-date, dogmas that stand in the way of progress. Worst of all, they provide beginning students an entirely misleading view of the discipline. When it comes to sociology textbooks, Kuhn's claim is reinforced because of the simple fact that sociology is such a wide-ranging discipline, with many rich subfields with their own bodies of scholarship and knowledge. No one author (or small team of authors), however well-meaning and determined, can possibly attain mastery of the whole discipline and adequately convey that knowledge to students.

We created this introductory text in the hopes of overcoming the problem Kuhn so famously identified. Our aim is nothing less than to reinvent the way we write introductory sociology texts. We envision an entirely new kind of introduction to the discipline, one that draws on the collective wisdom of a large, successful sociology department and its faculty to bring to our students and readers the real excitement of each of the main subfields of sociology. Rather than reproducing what is said in existing textbooks, as so often happens, the chapters in this book are freshly authored by one or more faculty members from the New York University Sociology Department who write and teach in the area. In this way, we seek to bring together the best of sociology as a discipline to meet the challenge of reaching our students.

At the center of this book is a set of tools for learning how to ask hard questions about the world around us. These tools are what we call, following C. Wright Mills, the "sociological imagination." In every chapter, we draw upon contemporary research findings, those of our colleagues and in some cases our own, to puzzle through how individuals are shaped by the contexts in which they live and act. We treat social norms, organizations, institutions, and global dynamics as a linked set of puzzles to explore. Rather than simply giving answers, we identify the kinds of questions that sociological researchers ask and introduce some ways of thinking about how to answer those questions. We do not suggest that all of the answers are at hand, but we show how and in what ways sociologists and other social scientists struggle to

answer them. If nothing else, we hope that our readers will take away from this book a new determination to question things.

We have entitled our text The Sociology Project, both to reflect our commitment to a collective agenda to understanding all of the different subfields of sociology as an evolving project and, as we move to version 2.5 in both print and digital format, because we want to signal to our readers our intention to continue to develop the book in future editions as sociology itself evolves. New findings, theories, and ideas are constantly being developed. Our book will continue to evolve as research develops in new directions, and we look forward to revising our ideas and questions as the evidence suggests we should. But perhaps most importantly, we think of this updated edition—The Sociology Project 2.5—as a dialogue with our readers-including both our students and our colleagues around the country. We invite you to engage and challenge us where we come up short, tell us what we are doing wrong, and share ideas you have for the presentation of sociology as a field.

> Jeff Manza for the NYU Sociology Department New York City October 2016

## New to This Updated Edition

- A new chapter on crime and punishment (Chapter 18) explores the different types of criminal activity, how sociologists think about crime, and how and why we choose to punish criminals, which has become a vitally important topic for social research.
- An expanded chapter on deviance and social control (Chapter 17) examines a series of questions that go right to the heart of how society exerts its force over individuals, and with what consequences.
- Updated research and data throughout, including new research on economic inequality, education, American healthcare, social media use, environmental sustainability, and same-sex marriage and families.
- A brand new 11-part video series focusing on the lives of a diverse group of people, each related to the content of specific chapters. These mini-documentaries tell the personal stories of refugees, families living in poverty, individuals living through a shifting economy, and more.
- Thoroughly updated and revised assessment program in Revel, led by author Jeff Manza.

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  measure their understanding of key concepts before
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## Acknowledgments

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#### xvi Preface

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# The Sociology Project 2.5

## Chapter 1

# The Sociological Imagination

## by Jeff Manza, Lynne Haney, and Richard Arum

Tho are we? When asked to describe ourselves, we tend to think in terms of our individuality: our likes and dislikes, our interests and skills, our experiences, our friends and partners. But there is a lot more to each of us than that. What about the time and place in which we live? It wouldn't really be appropriate to answer the question by saying, "I am a person living in the United States in the twenty-first century," but clearly who we are is at least partly the result of where and when we were born and live out our lives. In fact, we are all products of multiple contexts, such as the families we grew up in, the neighborhoods and communities we lived in, the schools we attended, the jobs and work experiences we've had, the groups and organizations we belong to, and so forth. Yes, we are individuals, with our own desires, tastes, talents, and dreams. But we are also social beings, connected to other people in a wide variety of ways. What it means to be human is in large part defined by the simple fact that we are constantly interacting with others.

The social nature of our lives is becoming increasingly clear in recent years with the advent of social media. In 2004, a Harvard undergraduate named Mark Zuckerberg created a website originally intended for students at Harvard to make social connections with each other. His idea for this new social website, which he called Facebook, caught on like wildfire, and in its wake, a number of similar sites have emerged. Social media platforms such as Twitter, LinkedIn, Instagram, Snapchat, Pinterest, and Tumblr each have unique features which make them distinct, and each site attracts a different demographic. People in their 30s and 40s are far more likely to check in on Facebook than people in their 20s. However, what all these social media sites have in common is that they allow individuals to link to and communicate with "friends" or followers, and more importantly, they provide users with a means of creating or joining communities of users. Through these networks, individuals become linked together. The founders

of Facebook, Twitter, and Tumblr probably didn't realize that the ideas behind the site they built drew upon some very basic sociological insights about how **social networks** (the ties between people, groups, and organizations) work. The social media sites that most of us sign into on a regular basis draw from a basic sociological insight: that human beings are not simply individuals with a few close friends and family members who otherwise only randomly bump into strangers in the course of their daily lives. Rather, we all are part of normally

## My Sociological Imagination

#### **JEFF MANZA**



Growing up in the college town of Berkeley, California, my family was neither elite (my parents worked for the local university, but not as professors) nor unprivileged. I experienced the differences between these worlds, and in particular the inequalities

they represented, as an endlessly fascinating puzzle. I was also always interested in politics and occasionally participated in political protests and movements. My intellectual interest in sociology began to develop while I was an undergraduate student because it provided a way of connecting my emerging concerns about inequality and injustice with a set of theories and ways of studying how those inequalities persist. Since then, I have been exploring how social inequalities influence political life. More recently, I have become interested in how public opinion does or does not shape government policies and how and when public attitudes can be manipulated or misused by political elites. I hope that my work can contribute, in some small way, to making American democracy more representative and egalitarian than it currently is.



hidden social networks, in which we know people who know other people we don't know but who have much in common with us (interests, backgrounds, and areas of expertise). For instance, information about new job opportunities is something that has always been shared by people in otherwise hidden social networks, but now social media sites like LinkedIn are making those networks visible.

The success of platforms like Facebook and Twitter in connecting networks of like-minded people has been sufficiently powerful that some governments and citizens around the world have attempted to curtail its use out of fear that it can help people create and spread antigovernment ideas or mobilize groups of citizens to protest in the streets. In the last couple of years, for example, Facebook has been blocked in countries such as China, Syria, Pakistan, and Iran. In other less threatening but important ways, social media appears to change the nature of relationships, making it much easier to develop new contacts as well as to keep in touch with old friendships even after people geographically drift apart.

The entire social networking phenomena, of which social media is but one example, highlights some of the ways in which learning sociological ideas can help us better understand and navigate the social worlds around us. Social networks and social media highlight a feature common to all societies: Our existence is always connected to our relationships to others. Hidden in our individual biographies is a story about **society**, a large group of people who live in the same area and participate in a common culture. **Sociology**—the study of societies and the social worlds that individuals inhabit within them—faces the specific challenge of trying to uncover and analyze the patterns that lie beneath the surface of these social worlds for individual

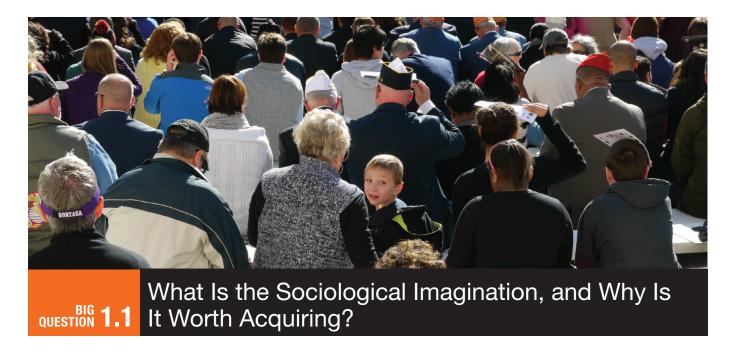
lives. Sociology is the study not of individuals, but rather the study of how we live together. To put it another way, sociology is not the study of human beings, but of what it means to be human.

The example of Facebook and other digital technologies that have emerged over the past 20 years or so exemplifies a key point: Societies are always evolving and changing, and in the process these changes raise new puzzles and challenges for understanding the human experience. Sociology provides tools and insights for understanding these changes. Sociologists are asking hard questions, for example, about how social changes like the rise of social media are changing how individuals and societies relate to one another. Some examples include: How has new technology changed the form, content, and the character of friendships and groups? How has online dating changed the nature of intimate relationships? How has technology changed the way work is organized, how employment is found, and what kinds of jobs are likely to be available in the future? New technologies are helping governments to spy on their citizens much more intensively than before, but the ability of whistleblowers to leak information about the measures taken by governments to spy on citizens also appears to be on the rise; what does this mean for democratic rights? And not just governments are acting in this way: Universities and employers are increasingly reading social media produced by prospective students or job applicants to evaluate them beyond traditional means. Today, our "digital footprint" forms a part of who we are in a way that would be completely unimaginable a couple of decades ago. All of these developments concern the relationship between individuals and their social worlds—the subject at the heart of sociology.

## The Big Questions

Each chapter identifies a set of questions that have defined the research and teaching puzzles of that topic. These questions organize each chapter and provide a lens for exploring sociological thinking about the topics covered. In starting from questions, not answers, and puzzling together in the search for answers, you will learn to think sociologically. In this first chapter, we will explore the following questions:

- 1. What is the sociological imagination, and why is it worth acquiring? In this section, we introduce the concept of the sociological imagination and explore how it helps us learn to ask hard questions.
- 2. What are social contexts, and why do they matter? Sociology is fundamentally concerned with how we are influenced by society. All of us are situated in an array of social contexts. How do these influence us and our behavior?
- 3. Where did sociology come from, and how is it different from other social sciences? Here, we examine the context in which sociology began to develop and explore the question of how sociology "fits" into and relates to the other social sciences.



#### THE SOCIOLOGICAL IMAGINATION

Since its inception, sociology has puzzled over how we are connected to each other and the broader societies in which we live. A **sociological imagination** is the capacity to think systematically about how things we experience as personal issues—for example, debt from student loans, competing demands from divorced parents, or an inability to form a rewarding romantic relationship—are really social issues that are widely shared by others living in a similar time and place as us.

The sociologist C. Wright Mills (1916–1962), who coined the term in 1959, wrote that "the sociological imagination enables us to grasp history and biography and the relations between the two within society" (Mills 1959:6). To understand



The sociologist C. Wright Mills coined the phrase "the sociological imagination."

the world around us, and to begin to think in a deep way about how it works and how we might improve it, is to recognize the extent to which our individual lives are strongly shaped by where, when, and to whom we were born, and the range of experiences we have had as a child, as an adolescent, and later as an adult. At each stage, we are both individuals and members of social worlds. Our opportunities and potentials are always influenced by the inequalities and injustices we encounter, but understanding these requires that we think about them sociologically. In short, the sociological imagination helps us to ask hard questions and seek answers about the social worlds we inhabit. Used wisely, it will also provide tools to navigate those worlds more effectively in pursuit of the goals we have set for ourselves.

## Looking Through a Sociological Lens

#### 1.1.1 Discuss how a sociological imagination helps to challenge stereotypes.

A sociological imagination challenges some very basic impulses all of us have. To simplify a complex world, we often take for granted that things around us are somehow inevitable or natural. If we have grown up in a social context where marriage is defined as a lifelong commitment between a man and a woman, we might be quick to conclude that such an arrangement was the way that intimate relationships were meant to be. But if we look at different societies and over time, we will soon see that marriage is only sometimes a lifetime commitment between a man and a woman. In other contexts, as well as our own society, intimate relationships may be between two men, or two women, or among varying romantic partners. A sociological imagination helps us to understand that a diversity of intimate relationships is possible

and to question our assumptions about any particular form as the only "natural" one.

In a similar fashion, we are also often quick to identify differences across groups of people—men and women, rich and poor, whites and other races, people of different religions—as inherent characteristics of the members of these groups. But this assumption—that "group" characteristics apply to all members of the group or to any one individual—is incorrect. Making faulty generalizations about individuals based on what we think we know about the groups they are members of is what is known as a ste**reotype**. For instance, some people (and evidently many employers) think that older individuals are not as good workers as younger people. It is true that at some point, if we live long enough, we will become too old to perform jobs that we may have done for many years. But that does not mean that a specific person is incapable of doing a job because of age, no matter how old he or she is. In fact, older workers may have wisdom and experience lacking in their younger colleagues.



Some assume that overweight people have caused their own obesity by overeating and under-exercising. But sociologists studying obesity in America have pointed to social factors that contribute to many Americans gaining weight. These factors include increasingly sedentary lifestyles centered on office jobs and leisure activities (such as watching TV or sitting in front of computers), the rise of the fast food industry, the increasing proportion of processed foods in the American diet, suburbanization, and reliance on the automobile to get around instead of walking.

A sociological imagination challenges such assumptions by raising questions about where stereotypes come from, what they are based on, who stands to benefit from them, and why they may be harmful. Sociology gives us tools to understand and think critically and creatively about everyday assumptions (such as stereotyped thinking) that others hold. It shows us that the things we often take for granted are a lot more complicated than they appear. Making the world more complicated is a challenge, but possessed of a sociological imagination we are able to be more active and effective participants in everything we do.

## Engaging Our Sociological Imaginations: From Personal Puzzles to Sociological Questions

# **1.1.2** Explain the process for forming sociological questions.

Everyone possesses some elements of a sociological imagination. Whenever we try to make sense of something in the social worlds around us, we are beginning to think sociologically. But just observing the world around us in a more critical way does not fully engage our sociological imaginations. A sociological imagination instead requires that we start to ask deeper and more meaningful questions about the everday world around us. It does not allow us to settle for simple answers in understanding human beings and the societies they inhabit. Our ability to ask hard questions, instead of just accepting easily available answers (or stereotypes), is the hallmark of a good sociological imagination.

Where do sociological questions come from? Most professional sociologists, including many of the authors of The Sociological Project, have had experiences in their lives, before they began doing sociological research, that ignited their sociological imaginations. For some it was triggered by a particular event, while for others it may have developed more slowly—a combination of things that inspired them to seek to develop this way of thinking. The short author biographies that appear at the beginning of each chapter give you some idea of the range of these moments. But you don't have to be a professional sociologist to develop your sociological imagination or ask sociological questions! One situation that often triggers our sociological imagination occurs when we see that some kind of widely shared assumption we have long taken for granted is incorrect. That can happen at any moment, but when it does, and as we start to question previously held ideas in a new way, we are taking the first step toward developing a sociological imagination.

Of course, we can also actively engage our sociological imaginations rather than waiting for some surprising puzzles to emerge. One way is to think critically about "common sense." Commonsense ideas are often very useful. There are innumerable pearls of wisdom found in commonsense *aphorisms*, which are short phrases stating

a truth or opinion. Examples of aphorisms include "look before you leap," "a rising tide lifts all boats," "birds of a feather flock together," and so forth. We've all heard some of these phrases, and in many cases it is valuable to follow the wisdom they suggest. Standing at a busy intersection, we should look carefully before walking out in front of traffic. It is usually easier to make friends with someone when you have common interests. In such cases, common sense provides a useful guide to being human.

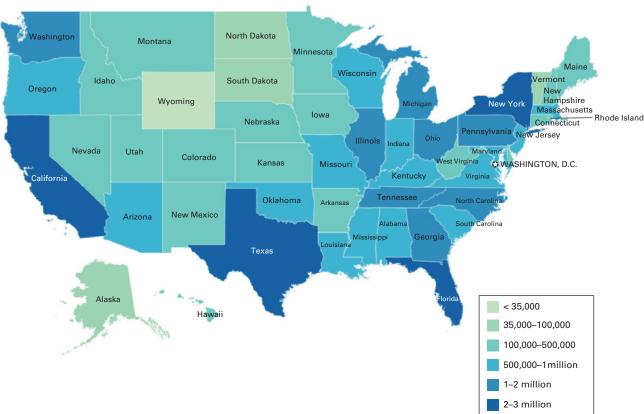
But if we look closely, we quickly notice there is a problem. Almost every commonsense aphorism makes sense only in some contexts, but not others (Watts 2011). In fact, most commonsense aphorisms have an equally attractive but entirely opposite aphorism. For example, compare "look before you leap" to "she who hesitates is lost"! In some situations, it is important to seize opportunities before they disappear, while in other cases care and due diligence are recommended. So which is correct? They cannot both be right all of the time. The answer is that it depends on the context. The minute we recognize this, we are beginning to think like a sociologist. We have to know which commonsense rule to apply in which social context if we are to be competent at being human.

Once we learn not to take stereotypes and commonsense knowledge for granted, we can begin to ask questions. And once we learn to start questioning things, we are on the road to developing a sociological imagination. But what are

these questions? Reading this book will open up many issues and questions to investigate (see page 4). But for now, here are a few examples. Think about eating at a restaurant or school cafeteria. If you look around, you probably will notice that there are relatively few, if any, groups that include both whites and blacks. Or visit a bunch of churches; you will rarely find large numbers of blacks and whites worshipping together. Why is it that, long after major civil rights legislation has ended legal discrimination, friendship networks and practices of worship so rarely cross the racial divide? Or think about the United States. Why is it that the richest country in the world has so many people living in poverty—far more than many other wealthy countries?

So why are so many people living in poverty? Is it because they are lazy and refuse to work hard (a common stereotype about the poor)? As we will explore in more detail later in the book, many poor people work long hours but make very little money, not enough to lift them and their children out of poverty. The existence of poverty in a very rich country is a puzzle that will not be solved by applying stereotypes about the poor (see Figure 1.1 to see how many families in different parts of the United States are living in poverty and eligible to receive food stamps). Thinking about questions like this or many others, we begin to notice that common sense and stereotypes are not helpful and that deeper understanding requires questioning our assumptions.

Figure 1.1 Food Stamp Usage in the United States Supplemental Nutrition Assistance Program



SOURCE: U.S. Census Bureau (www.census.gov/did/www/saipe/data/model/info/snap.html).

Asking questions about things we have previously taken for granted is an exciting and creative activity, but it also may upset people around us. Challenging family members at the dinner table about their own stereotypes may lead to puzzled looks or even strong words. Most people do not enjoy being challenged in this way. Similarly, large corporations or other organizations also may not like it when their workers or members start to ask questions rather than simply doing (or believing) what they are told. School authorities often do not like it when students, parents, or outside observers raise questions about the character and quality of student learning or teaching in the school. Governments in particular do not like it when their citizens begin to interrogate topics officials would prefer to keep secret, such as covert military operations or corruption.

# Sociological Questions: A Detailed Example

# **1.1.3** Identify the types of questions that sociologists are particularly well equipped to explore.

To get a better sense of how sociologists use questions to craft research projects, let's consider in more detail a current research project undertaken by Richard Arum, one of the authors of this chapter, which examines a topic of interest to many of the readers of this book. Arum had taught at several universities around the country and was puzzled by what he perceived to be the relatively modest amount of learning that was actually going on at these universities. We usually take for granted that colleges and universities are places where teaching and learning are prioritized, but Arum began to question this premise. To investigate

how much learning is going on in higher education, he and a collaborator have been carrying out a project following more than 2,000 young adults as they progressed through 24 diverse colleges and universities, and then as they left college to work, live with friends, move in with romantic partners, or return to live with their parents (Arum and Roksa 2011, 2014). The students in the study had quite different college experiences and fared very differently in terms of learning outcomes. Some of these students were in college settings where they were exposed to challenging coursework and successfully moved into well-paying jobs immediately following graduation. Yet many more students did not enjoy such fates. In fact, two years out of college, 24 percent of college graduates in the study were back living at home with their parents or relatives.

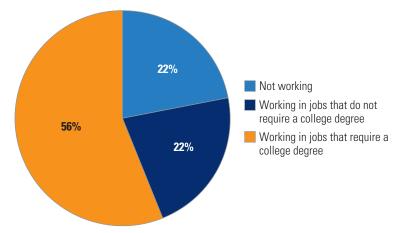
Consider two of the students tracked in the project: Maria and Robert. Maria attended a highly selective, residential liberal arts college in a small Midwestern town. She had come to college with a

high SAT score and three high school Advanced Placement course credits. In college, she quickly decided on becoming a social science major after taking a small freshman seminar with a sociologist who did her research on urban youth culture. She spent a semester of her junior year abroad in Europe, and during her semesters at college she reported that she met frequently with her instructors outside of class to discuss her work and that faculty at the school had high expectations for students like her. She also reported that her classmates—many of whom she had come to know well as the college had integrated her academic program with her residential dorm—were equally encouraging of her focus on academic work. On average, she estimated devoting 20 hours per week preparing for classes, many of which had significant reading and writing requirements in her social science major. When her performance on tasks that required critical thinking, complex reasoning, and written communication was measured, her scores moved up dramatically from freshman to senior year. Two years out of college, she was living with a friend she had met in college and was working at a job where she made slightly more than \$38,000 per year. Although she had assumed a great deal of student debt, she was on a path to adult success. See Figure 1.2 to learn how typical Maria's post-college employment was.

Contrast Maria's college experiences with Robert's. Robert attended a high school that was predominantly non-white before enrolling in a nonselective, large public university in his state known as something of a "party school." Like many of his classmates, he entered college without any Advanced Placement coursework completed, and he did not score particularly well on the SAT. In college, he reported rarely meeting with his instructors outside of class. When asked about whether faculty had high expectations for

Figure 1.2 Employment Status of Recent College Graduates
What kinds of jobs are recent college graduates gotting? Fifty six percent

What kinds of jobs are recent college graduates getting? Fifty-six percent are working in fields that require a college degree, but 22 percent are working in fields that do not, apparently taking jobs for which they are overqualified. And the bad news is that another 22 percent are out of work altogether.



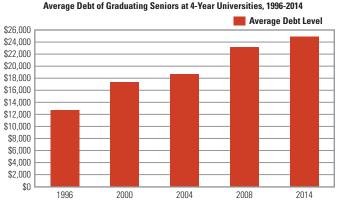
SOURCE: Data from John J. Heldrich Center for Workforce Development at Rutgers (2011).

students like him, he reported that they largely did not. He muddled through coursework with passing grades but did not find his coursework either interesting or challenging; he found himself increasingly focused on socializing with his friends and earning spending money to support activities outside of school. Like many of his peers, he only studied about eight hours per week; when he did prepare for his classes, he often found himself doing so with his friends, who ended up often distracting him from really focusing on his work. During his senior year, when we tested his performance on the same tasks that Maria completed, we found no improvement in his performance even after attending college for four years. He was not alone. Arum and Roksa found that slightly more than a third of students in their study demonstrated no meaningful improvement on a test of general skills. And Robert was not rewarded in the labor market when he graduated in 2009. Two years after graduation, he was about \$30,000 in debt, unemployed, and living back at home with his parents. About the only thing he had in common with Maria was a heavy debt load and a college degree. (See Figure 1.3 to find out more about the rise of student debt.)

How can we understand why these two students had such different college experiences and ended up on such different postcollege paths? There are many ways in which the ideas and research of sociologists give us the tools to understand how Maria's and Robert's lives are unfolding the way they are. The most obvious commonsense answer is simply that Maria just worked harder than Robert. And there appears to be some truth in that. But that is not likely the entire story. A sociological view of student experiences in college poses a range of questions about how individuals (like Maria and Robert) and institutions interact in complex ways. Some of the questions sociologists might ask include: How did Maria's background help prepare her for college, and how did Robert's handicap him? Why is Robert (and others like

#### Figure 1.3 The Rise of Student Debt

According to the Project on Student Debt, in 2014 average debt levels for graduating seniors with student loans rose to \$24,950, more than double what they were in 1996.



**SOURCE:** Based on data from The John William Pope Center for Higher Education Policy (2011) and The Project on Student Debt (2015).

him) able to spend less time on his studies now than students did a generation ago, but still earn passing grades? Why are certain colleges more focused on academic learning than others? Why do some schools become known as party schools, and what are the consequences for students attending those schools? How has the nature of campus life changed in the past few decades? Are students more or less likely to join organizations or to interact with each other collectively during their college years than at other points in their life? As the ratio of male to female students on college campuses changes, how have dating and courtship patterns altered? And is the United States alone in these changes in higher education, or are there global shifts underway to change the meaning and experience of college across national borders?

As these examples all suggest, sociological questions are concerned with a broad canvas of the modern world. Sociological questions range widely from the basic units of human life—such as individuals' relationships with others—to the groups and organizations we are a part of, all the way up to a now rapidly changing global economy that is impacting all of our social relationships.

As we move through the book, we will be introducing big questions concerning many of the most important topics sociologists are currently examining. But our first big point is this: Learning how to ask the important questions, and to think hard about how to probe for answers, is the heart of the sociological imagination.

# The Endless Reach of the Sociological Imagination

# **1.1.4** Discuss the wide range of topics and areas of life that sociologists study.

Very few areas of life can *not* be studied sociologically. Consider a few of the different areas that some of the sociologists involved with *The Sociology Project* have examined in their own research:

- Harvey Molotch wrote a book about the sociology of the toilet and another book about how other common household products are invented.
- Colin Jerolmack wrote a book about the relationship between humans and pigeons across the world.
- Eric Klinenberg wrote a book on why so many people died in certain neighborhoods in Chicago during a heat wave in 1995.
- Kathleen Gerson wrote a book about the conflicting relationship expectations of young men and women in the twenty-first century.
- Jeff Goodwin wrote a book about how and why revolutions occurred in some places, but not others.
- Steven Lukes wrote a book on how sociological ideas can better inform complex moral debates.